

Next-level care now belongs to you.

Welcome to Eden Health, your new medical provider. As part of your employee benefits package, you have full access to a dedicated Care Team that works together to offer you primary care, mental health support, and insurance navigation services through one single app.

Any time you have health concerns, reach out — we're here to answer questions, diagnose conditions, assist with prescriptions and claims, and more. It's just that easy.



Primary Care

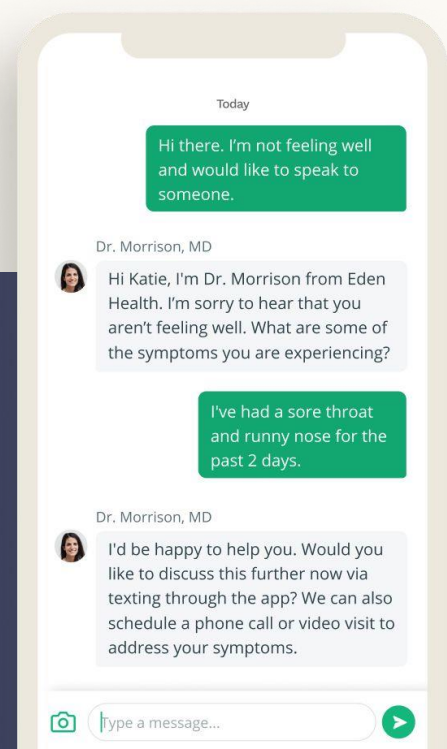
- A consistent Care Team, whether you chat in the app, meet through video visit, or in-person at a pop-up event
- Most diagnoses and treatments addressed over the app
- Prescription refills completed over the app
- \$0 cost if you are enrolled in the PPO medical plan and \$0 after deductible if you are enrolled in the QHDHP medical plan
- Collaborative care plans that address both physical and mental health goals



Insurance Navigation & Care Coordination

- Guidance on making the best use of your health plan
- Support and management for specialists, prescriptions, labs, and imaging

Download the Eden Health app to get started.



Just ask Eden.

Take advantage of your Eden Health membership.

As part of your employee benefits package, you have access to a Care Team who looks after your total health. The answer to most of your health questions is now simple: "Just Ask Eden."

WE'RE HERE, 24/7/365



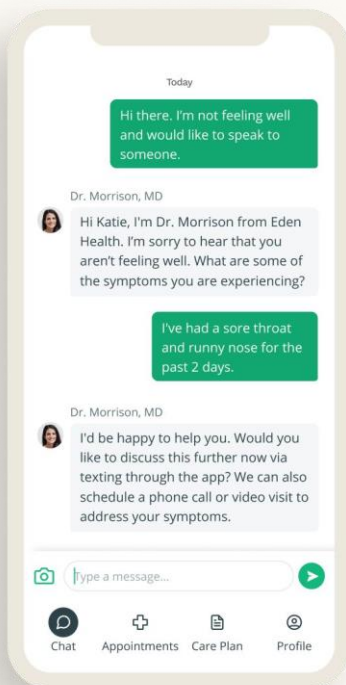
Diagnoses and treatments



Prescription refills



Scheduled video visits or live chat



Answers to follow up care questions



Specialist referrals



And more

IT'S NEVER BEEN EASIER TO STAY ON TOP OF YOUR HEALTH:

4.95 patient satisfaction score

Confidential and never shared with your employer

Access for dependents on your plan over 18

Scan the QR code to download the Eden Health app, and register for your free membership.

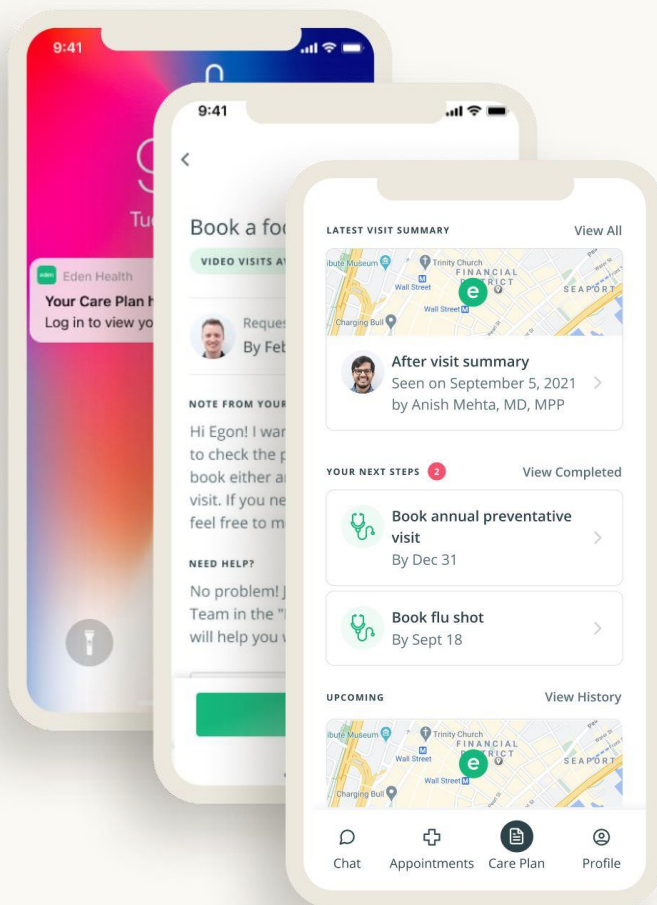


Not feeling well? Eden Health helps you stay on top of your health.

Eden Health Care Plans help you achieve your long-term health and wellness goals.

The Care Plan tab in your Eden app summarizes your most recent appointments and any next steps you should take, as advised by your provider — like scheduling your Annual Wellness Visit or booking a flu shot.

CARE PLANS ARE A TAP AWAY.



Care Plan action items can include:

- ✓ Preventive care suggestions, like annual wellness visits, cancer screenings, and flu shots.
- ✓ Specialist referrals with details about the referral, action items, and due dates.
- ✓ Details for ordering and using prescriptions, and the location of the pharmacy.
- ✓ Clear instructions for any external lab work like FAQs and appointment details.

Getting started with your Eden Health membership.

Download the Eden Health app for access to 24/7 primary care, insurance support, and mental health services.

Any time you have health concerns, reach out — we're here 24/7 to answer questions, diagnose conditions, assist with prescriptions and claims, and more. It's just that easy.

HOW TO REGISTER

How to access Eden Health on your smartphone

Scan the QR codes to download the Eden Health app:



Create a new account:

- 1 Open the Eden Health app on your phone and select **Create Account**.
- 2 Select **My Insurance** and then choose **Allied**.
- 3 Next, enter your **birth date** and **Subscriber ID**
- 4 Complete your patient profile.
- 5 Finally, review and accept all of the terms and policies.

That's it! Now, the answer to most of your health questions is simple: "just ask Eden."

Who is paying for Eden?

My Employer

My company is sponsoring my membership. I will use my work email to verify.

My Insurance

My insurance benefits cover my membership.



OR

[I have an Access Code](#)

We'll find and match your plan to get you started

Date of Birth Day Year

December 17 1986

Member ID

2093482038472380

Don't have a Member ID?

Contact support@edenhealth.com

[Find my Plan](#)

Set up your account

You'll be able to login with your additional email or phone number.

Personal Email

Phone Number

Accept terms and policies

1 OF 3 ACCEPTED ✓
Terms of Service

2 OF 3 ACCEPTED ✓
HIPAA Policy

3 OF 3 ACCEPTED ✓
Privacy Policy

[Finish Set Up](#)



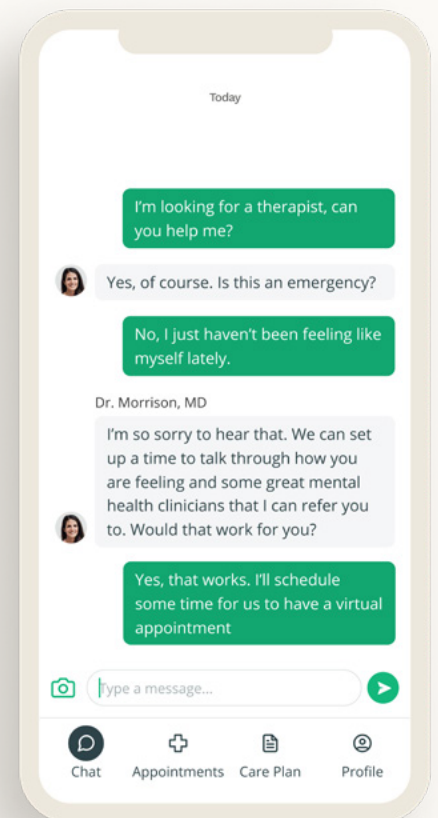
Need to talk? We're here to listen.

**Primary care at Eden Health includes mental health support.
Whatever is on your mind, you can rely on us.**

Primary care at Eden is collaborative care. All primary care providers (PCPs) on your Eden Health app are part of care teams consisting of healthcare navigators, therapists, and psychiatrists who work together to treat your overall well-being and provide a consistent healthcare experience.

Mental Health Resources Include:

- ✓ Comprehensive mental health screenings, evaluations, and triage services
- ✓ Referrals to therapists that match your preferences
- ✓ Medication management - PCPs work with experts to prescribe, monitor effectiveness, and suggest adjustments
- ✓ Tools and resources to help you cope



The support is private, never shared with your employer,
and requires no paperwork to get started.

Message your Care Team in the Eden Health app for more information.